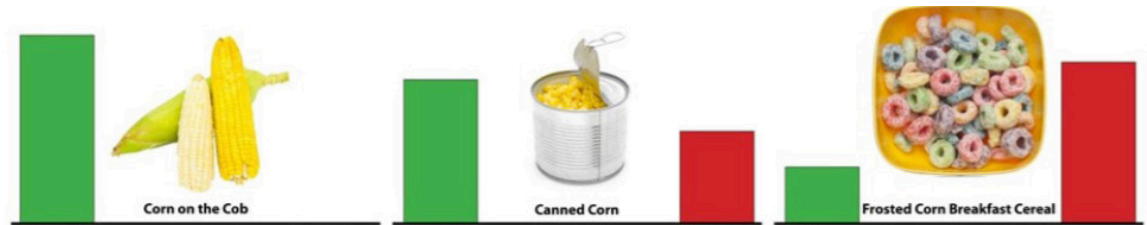


How Processing Changes Food



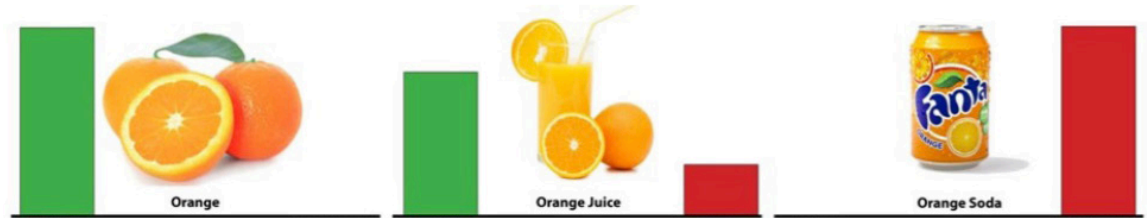
Corn



Chicken



Orange



Milk



Brown rice



Adapted from foodday.org, Center for Science in the Public Interest.